

SACRED HEART SR. SEC. SCHOOL SECTOR 26, CHANDIGARH



SACRED HEART SENIOR SECONDARY SCHOOL



HEARTIAN NEWSBUZZ



NOVEMBER

2024

**“ALWAYS
AIM
HIGHER”**





Hello November

"November comes
And November goes,
With the last red berries
And the first white snows.

With night coming early,
And dawn coming late,
And ice in the bucket
And frost by the gate.

The fires burn
And the kettles sing,
And earth sinks to rest
Until next spring."

Elizabeth Coatsworth



TRIUMPH OF HARMONY – OUR SCHOOL BAND STRIKES GOLD

Our school brass band achieved a stellar victory, clinching the Gold medal at the District Level Inter-School Band Competition held at GMSSS-37D, Chandigarh. Organized by the Department of School Education and Literacy in collaboration with the Ministry of Defence, the event saw seven teams vying for the coveted position in the Girls' Category. With perfect synchronization, flawless rhythm, and a mastery of beats, our band delivered a captivating performance that stood out from the rest. This hard-earned win has qualified our talented musicians for the Zonal Level Band Competition in Lucknow on December 5, 2024. Congratulations to our band team on this fantastic achievement, and best wishes for continued success in the next round!



INTER-HOUSE TUG OF WAR COMPETITION: A SHOWCASE OF UNITY AND

An Inter-House Tug of War competition was a resounding success, fostering unity and healthy competition among students and teachers. 9 participants, including 3 teachers and 6 students, took part in the event. The event promoted teamwork, sportsmanship, and camaraderie, making it a memorable experience for all. After intense matches, the results were: 1st Position: St. Joseph's House 2nd Position: St. Clare's House 3rd Position: St. Francis House. Congratulations to the winners!





SHAKE, SPIN, SHINE-LET THE COMPETITION BEGIN



Class LKG recently hosted a delightful dance competition, where young students showcased their talents with enthusiasm and confidence. After practicing diligently at home, they presented captivating performances at school, impressing everyone with their coordination and energy. The event was a joyous celebration of their hard work and creativity.

GURUPURAB CELEBRATION

Students of classes UKG and Nursery celebrated Gurupurab with great enthusiasm, honoring the birth anniversary of Guru Nanak Dev Ji. UKG students participated in soulful Shabad singing, creating a serene atmosphere, and engaged in creative coloring activities to reflect Guru Ji's teachings. Nursery students explored his life and values of kindness, humility, and unity, enhancing their understanding through a special Sikhism-themed coloring activity. These celebrations fostered cultural and spiritual awareness, nurturing inner peace and holistic development among the young learners.





AMOR FAMILIA- A MUSICAL TAPESTRY



"Amor Familia – A Musical Tapestry" celebrated the importance of family bonds through a vibrant performance by students of classes II and III. The event began with a traditional lamp-lighting ceremony, attended by Chief Guests Mr. Maneesh Chaudhary (IPS) and Rt. Rev. Ignatius Mascarenhas, alongside proud parents.

Rev. Sr. Venita, the Principal, emphasized parents' pivotal role as architects of their children's futures, urging them to nurture and guide with love and attention. Through captivating dances and drama, the students conveyed a touching message: like flowers need care to bloom, children thrive with their parents' affection and support. The event beautifully highlighted the power of family and the role it plays in helping children soar to their dreams.





MELODIES OF SUSTAINABILITY:

A SYMPHONY OF ECO-FRIENDLY ESSENCE.

The event, graced by Chief Guest Mrs. Purna Puri (IAS), Secretary Education, Chandigarh Administration, and Guest of Honour Mr. Pramod Sharma, Founder of Yuvsatta, began with a serene prayer dance, *Ish Vandana*. Inspiring speeches by Mrs. Puri, Mr. Sharma, and Principal Rev. Sr. Venita motivated the audience.

The highlight, *Melodies of Sustainability*, was a vibrant musical drama by young students, creatively bringing Sustainable Development Goals (SDGs) to life through music, dance, and storytelling. Addressing issues like plastic pollution, renewable energy, and climate action, the performance inspired everyone to join hands for a sustainable and harmonious future.



WINGS OF WISDOM AND HOPE: A TRANSFORMATIVE RYLA EXPERIENCE

Our school hosted an inspiring RYLA session, "*Wings of Wisdom and Hope*," graced by luminaries like Dr. Sanjay Kalra (District Chair, Rotary Club), Rev. Sr. Anupa, Rev. Sr. Venita Joseph, and other esteemed Rotarians. Highlights included yoga sessions, storytelling, musical performances, a powerful mime act, and delightful refreshments.

The Umeed Club showcased generosity by donating bicycles to five deserving students and distributing stationery to vernacular section students (Classes 6-9). We sincerely thank our guests, Rotarians, and club members for making this event a memorable success!



ST MARY'S HOUSE STUDENTS SHINE IN NUKKAD NATAK

The Science Club students of class 9D and class 9A from St. Mary's House delivered impactful *Nukkad Nataks*, addressing vital social themes. Class 9D highlighted issues related to physiological, psychological, and cognitive health changes, offering practical solutions to embrace life's challenges with peace and happiness. Meanwhile, class 9A, featuring Rhythm, Mantika, Anshika, Vanshika, and Idhya, depicted family struggles with generational differences, providing insights into bridging the generation gap for a harmonious society. Both performances were thought-provoking and left the audience inspired.





CHILDREN'S

DAY



Students celebrated Children's Day with great joy and enthusiasm. UKG children watched a video on Chacha Nehru, danced with excitement, enjoyed outdoor swings, and received thoughtful takeaway gifts. They also showcased their creativity by coloring activity sheets and enjoyed a fun movie screening, making the day memorable and delightful for all.





CELEBRATING THE JOY OF CHILDHOOD: CHILDREN'S DAY 2024



The school celebrated Children's Day 2024 with great enthusiasm, honoring the birth anniversary of Pandit Jawaharlal Nehru. The day began with a lamp-lighting ceremony by esteemed guests, including Rev. Sr. Anupa, Rev. Sr. Venita, and student leaders. Teachers showcased their talents through lively skits, vibrant dances, soulful recitals, and energetic Bhangra performances, captivating the audience. Rev. Sr. Venita inspired students to embrace their uniqueness, strive for excellence, and believe in their potential. The event was a joyous success, leaving everyone with cherished memories.



LET YOUR WORDS LEAD THE WAY



Education is the foundation of a brighter and more peaceful world. Through learning, we build understanding, empathy, and respect—values that unite us all. It empowers us not just to grow individually, but to uplift others, creating harmony in our community. To celebrate the value of education and its power to bring about peace, a slogan writing activity was conducted for the students of classes II and III, on the theme “Learning for Lasting Peace”. The students displayed their creative expressions on the meaningful theme and spread the message of peace.

WHERE CREATIVITY BLOSSOMS IN EVERY CORNER



The Rangoli Making Competition for Classes IV and V on social issues like gender inequality, poverty, and female foeticide was a creative platform for students to express their views. Vibrant and impactful rangolis showcased their understanding and artistic talent.

Class IV Winners:

- **1st:** Jayantika Sharma (IV Cronus)
- **2nd:** Ilakshi Sharma (IV Ares)
- **3rd:** Mahira Gupta, Mudita Soni, Parin Wangnoo, Aakriti, Shaily, Aasni, Shreya Singh, Hitakshi.



Class V Winners:

- **1st:** Innayat Mittal (V Kamet)
- **2nd:** Anaiya Modi, Kaashvi Nain, Jinal Gupta.
- **3rd:** Suprabhaa P.S., Tushti Gupta, Neha, Ashika Bika.
- **4th:** Delisha Loyal, Sejal Gupta.



To celebrate courage and sacrifice, a Storytelling Competition was held for classes II and III. The participants impressed judges and the audience with their confidence, expression, and diction.

Results:

Class II:

- **1st Position:** Aavya Dewan (II Aurelia)
- **2nd Position:** Aashree Sharma, Hinaya Joshi (II Amethyst)
- **3rd Position:** Mirayah (II Aspen), Harnida Purba (II Aurelia)
- **4th Position:** Myra Mahajan, Aanya Sood, Amyra (II Aster), Tanushi, Natrisha (II Amber)

Class III:

- **1st Position:** Anaiah Deedwania (III Gamma), Jazlyn Saggu (III Delta)
- **2nd Position:** Pranya Sharma (III Gamma), Harmaione (III Omega)
- **3rd Position:** Divisha Naik, Anaaya Sharma (III Beta), Rutasha Chhabra (III Delta)
- **4th Position:** Divisha, Hazel (III Alpha), Parneet Kaur (III Omega)



EVERY STORY TELLER IS A STAR



ENGLISH RECITATION COMPETITION

ENGLISH RECITATION COMPETITION



The English Recitation Competition, held in Class UKG was a vibrant showcase of creativity and eloquence. Students delivered captivating recitations on themes like Mother Earth, the importance of fruits and vegetables, and the impact of junk food etc, skillfully incorporating props to enhance their performances. Prizes were awarded to commend their efforts, and the event concluded on a cheerful and celebratory note.



Unlocking the Medicinal Value of Kitchen Items

The aim of activity was to educate Health Club members about common kitchen items possessing medicinal properties and their uses. They portrayed their research in the form of a poster.



Healthy Living: Understanding Deficiency Diseases

The Health club members designed creative posters depicting diseases caused by deficiency of vitamins and minerals. The aim was to sensitise them on common deficiency diseases, their causes, symptoms and prevention strategies.





ACHIEVEMENTS



Jiya Bharara, Alakh Agarwal (Class 10 C), Giresha, and Aarna (Class 10 D) made a lasting impact at the international Edmund Rice Justice Meet. They conducted an exhaustive survey and presented their findings among 120 global participants, demonstrating exceptional teamwork and diplomacy.

Congratulations

Our school brass band achieved a stellar victory, clinching the Gold medal at the District Level Inter-School Band Competition held at GMSSS-37D, Chandigarh. Organized by the Department of School Education and Literacy in collaboration with the Ministry of Defence, the event saw seven teams vying for the coveted position in the Girls' Category. With perfect synchronization, flawless rhythm, and a mastery of beats, our band delivered a captivating performance that stood out from the rest. This hard-earned win has qualified our talented musicians for the Zonal Level Band Competition in Lucknow on December 5, 2024. Congratulations to our band team on this fantastic achievement, and best wishes for continued success in the next round!



Tisha Walia of class III Delta participated in the 37th Chandigarh State Table Tennis Championship 2024, organized by the Chandigarh Table Tennis Association. She bagged the Runners Up trophy and medal for Girls Under 11 Singles and 2nd Runners Up in Girls Under 13 Doubles.



Driti Kaushal of class II Aurelia participated in the Chandigarh State Roller Skating Championship, organized by the Roller Skating Federation of India. She bagged the first position in 500 m rink race, 1000 m rink race and road race. She was awarded with three Gold medals.



Taisha Bhatnagar of class II Aurelia participated in the Chandigarh State Roller Skating Championship, organized by the Roller Skating Federation of India. She bagged the first position in races ,lap rink race and 500 m rink races. She was awarded with three Gold medals.

Letisha of class 9C showcased her brilliant oratory skills and won the Best Delegate award at SJHS MUN, receiving a trophy, certificate, and Rs 4000. She also won Best delegate in Agahi MUN and was felicitated with a trophy and a certificate. She received a Special Mention Award and a certificate in SGGs MUN 6.0



Samaira Arora of Class 7 Sapphire showcased exceptional shuttlecock skills, securing a Bronze medal and certificate in the Chandigarh State Badminton Championship (August 1-4, 2024) in the under-15 category. Furthermore, she excelled in the Infant Jesus 6th Badminton Cup (November 8-9, 2024), claiming a runner-up trophy and Silver medal in singles, and a Gold medal and trophy in doubles (under-14 category).

Nysa Sharma of class II Amethyst participated in the 7th Universal Taekwondo Championship, organized by the Universal Taekwondo Academy. She bagged the second position in fight (Kyorugi). She was awarded with a Silver Medal and a Certificate.



INTER-HOUSE WALL PAINTING

Let your colours do the talking.....

St. Joseph's house (2nd position)

10 C Anaiya , Prisha

10 D Ananya



In U-14 singles category:
 Samaira of class 7 Sapphire secured the second position
 In U-14 Doubles cat.
 Vanya of class 8 Albatross secured the first position.
 Samriddhi of class 9D bagged the first position and Sirat kaur of class 8 Albatross won the second position.
 In Double U-17 category:
 Sukoon Thour of class 10B and Samriddhi secured the first position
 Sirat kaur and Kritika of class 8 Hornbill secured the 2nd position.
 Heartiest congratulations, girls.

Prisha Kundra, a bright student of class 6 Newton, showcased her exceptional debating and diplomacy skills by participating in the prestigious MUNOS and Diplomation MUN events held on November 16-17. Her outstanding performance earned her a Special Mention award and Certificate of Excellence in both events, a testament to her impressive leadership and communication abilities.



Sifat Hans, a talented student of class 7 Quartz, demonstrated exceptional equestrian skills, winning a prestigious Gold medal in the CHRS Horse Show, Group 2 Jumping (80cm) category.



Pamleen Merkan, a talented student of class 9A, demonstrated exceptional chess skills, securing the First Position and a prestigious Gold Medal at the SCA Chess Championship which was organized by the Sahil Chess Association.

Bhavika Sood of class III Delta participated in a Chess Tournament, organized by Sahil Chess Academy. She bagged the first position in Under 8 girls category, she was awarded with a trophy and a certificate..



Krishika Garg of class II-Amethyst participated in the 7th the Universal Taekwondo Championship. She bagged the second position and was awarded with a Silver Medal in professional fight.



Hinaya Joshi of class II Amethyst participated in 7th Universal Taekwondo Championship 2024-25, organized by the Universal Taekwondo Academy. She bagged the first position and was awarded with a Gold Medal in fight.

Kritika Kaur, a talented student of class 6 Curie, exhibited exceptional artistic skills by securing the Second Prize at the Inter-School Painting Competition at Sector 17 Plaza. The event was organized by the Chandigarh Traffic Police, and Kritika's achievement is a testament to her creativity and talent.





Bableen, a determined student of class 11D, showcased her remarkable endurance and athleticism by participating in the Hansali Run. She successfully completed the challenging 10 km run, earning a prestigious Finisher's Medal, a testament to her hard work and dedication.



'In the dance of dribbles and the rhythm of teamwork, we painted the court with victory – a gold medal is but a reflection of our unity.' Our talented students excelled in the Under-14 category, securing the coveted Gold Medal at the prestigious 10th Bhagwant Singh Memorial Basketball Trophy. Organized by Vivek High School, Mohali, the tournament took place at the state-of-the-art Indoor Basketball Court, Sports Complex, Sector 78, Mohali. Their dedication, teamwork, and passion for basketball have made us proud!

Congratulations to our winning team members:

- | | |
|--------------------------------|-------------------------|
| 1. Jiya Sodhi (7-C) | 7. Mayra (7-A) |
| 2. Smaya Sodhi (7-B) | 8. Krisha Sharda (8-B) |
| 3. Callista (7-C) | 9. Harnoor Kaur (7-B) |
| 4. Stephanie (7-C) | 10. Anshika Verma (7-A) |
| 5. Japasleen Kaur (7-B) | 11. Inayat (8-B) |
| 6. Prabhnoor Kaur Viridi (7-C) | 12. Bhavya Gautam (8-B) |

Our school's under-19 team participated in the prestigious 2nd Devraj Malik Memorial Trophy, at Gurukul Global School, Chandigarh. The team demonstrated exceptional skill and teamwork, securing the first position and earning Gold medals, along with a cash prize of Rs.18,000. The accomplished team members included:



- | | |
|------------------------|-----------------------|
| Yahvi Kaushal (12D) | Ikreet Kaur (11C) |
| Rashi (12D) | Tanmay Dhankhar (11D) |
| Tanisha Dhankhar (11B) | Jiya Sodhi (7C) |
| Richa Sharma (11A) | Aanshika Garg(11D) |
| Japasleen Kaur (7B) | Manyata Soni (11A) |
| Samaira Sahani (8C) | Smaya Sodhi (7B) |

Our Under-19 team's double victory is a testament to the school's commitment to nurturing talented individuals. We are proud to have such exceptional students who embody the values of determination, teamwork, and excellence.

Nysa Sharma of class II Amethyst participated in the 9th Stepping Stone Open Taekwondo Championship 2024, organized by the Rising Phoenix Taekwondo Club. She bagged the Third position and was awarded with a Bronze Medal in Fight.



Dhvani Chopra, a talented student of class 7 Quartz, has brought laurels to our school by participating in the prestigious 68th National Fencing School Games of India, earning a certificate of participation from the CBSE Welfare Sports Organisation for her impressive performance in the Epee team event.



Krishika Garg of class II Amethyst participated in the 9th Stepping Stone Open Taekwondo Championship 2024, organized by the Rising Phoenix Taekwondo Club. She bagged the first position and was awarded with a Gold Medal in Professional Fight.



Aarunya Goyal of class VII Jade has secured STATE RANK-5 in ANTHE and was also awarded with 100% Scholarship in PWSAT. She was awarded with a trophy, two medals and a certificate.

Shaanvika Kaushal of UKG Raspberry participated in the Kids Golf Championship, organized by Chandigarh Golf Club. She bagged the second position and was awarded with the runner up trophy.

Congratulations to our little golfer!





Our under-19 team participated in the prestigious 18th Shanta H. Singh Memorial Trophy, held from November 16-18, 2024, at New Public School, Sector 18, Chandigarh. The team displayed exceptional skill and teamwork, securing the third position and earning medals, along with a cash prize of Rs.10,000. Their hard work, perseverance, and passion for excellence have made our school proud. The accomplished team members included:



Yahvi Kaushal (12D)

Manyata Soni (11A)

Ikreet Kaur (11C)

Aanshika Garg (11D)

Japasleen Kaur (7B)

Jiya Sodhi (7C)

Richa Sharma (11A)

Tanistha Dhankhar (11B)

Tanmay Dhankhar (11D)

Navya (8D)

Smaya Sodhi (7B)

Rashi (12D)



Annapoorna Siddhi of Class 7 Garnet exhibited impressive chess skills, clinching a Gold medal in the SCA Tournament held at St. Anne's School.

Jivantika Singh, a brilliant student of class 9-D, showcased her exceptional mathematical skills by securing the first position in the Inter-School Abacus Competition, earning a medal and a cash prize of Rs 1000.





Naisha Kaushal (6th Curie), Kashvi Garg (6th Edison), Krittika Kalra (6th Newton), and Diya Chawla (6th Newton) formed a formidable team, securing the second position in the Ballnest Basketball Tournament, organized by Ballnest Basketball Academy, and were awarded Silver medals for their impressive skills in the 3x3 basketball category..

Pravani Bhatt, a talented student of class 7 Sapphire, was felicitated with the prestigious Award of Honour at a cultural programme organised by the Super Association of Residents Welfare, where she received a trophy in recognition of her outstanding cultural contribution..



Students from the Primary Wing participated in the Qualification State Taekwondo Championship held on 23rd and 24th of November 2024. Their applaudable performance brought laurels to the school.



Here are the results:

Silver Medal winners in Board Breaking

Khwaish (Class II Aurelia)

Rabnoor Kaur (Class II Aspen)

Sehaj Kaur (Class II Aspen)

Aavya (Class II Aspen)

Yashika Sharma (Class II Amber)

Bronze Medal Winners in Board Breaking

Muskan (Class II Aurelia) Shreya (Class V Kamet)

Gold Medal winners in Fight (Kyorugi)

Shreya (Class V Kamet) participated in the Sub Junior above 41kg



Ribhya of class II Aspen participated in the 3rd Inter-Club Skating Championship, organized by Velocity Skating Club SAS Nagar Mohali. She won a Silver Medal in 3 laps and a Bronze Medal in 5 laps.

Congratulations Ribhya!

Naira Abrol of LKG Lily participated in the 3rd Inter-Club Skating Championship, 2024, organized by Edvantum, Velocity Skating Club, SAS Nagar, Mohali. She bagged the first position in Rink Race III and Rink Race IV and Professional Skating. She was awarded with Gold Medals.

Congratulations to our little skater!



Some of our Heartians from the Primary Wing participated in the 4th Tricity Sub Junior Artistic Gymnastics and Rhythmic Gymnastics Championships, organized by Dynamic Gymnastics Academy. With their exceptional skills they won in different categories and were awarded with medals and certificates.

Vanya Sajwan of Class II Aspen bagged the first position in Ball event and Free Hand event and was awarded with Gold Medals and Certificates for both the events.

Radhyaa Chanalia of Class III Delta participated in Artistic Gymnastic Floor and Beam, she bagged the 2nd position and won a Silver Medal and a Certificate.

Aaira Gupta of Class I Lavender bagged the 3rd position in the ball event and was awarded a Bronze Medal and a Certificate.



Callista Sharma (7 Quartz), Stephanie Sharma (7 Quartz), and Naisha Kaushal (6 Curie) formed a dynamic team, securing the second position in the Ballnest Basketball Tournament (Under 14) organized by Ballnest Basketball Academy. Their impressive skills in the 3x3 basketball competition earned them well-deserved Silver medals.





LET
YOUR
LIGHT
SHINE

