

SACRED HEART SR. SEC. SCHOOL
CHANDIGARH



HEARTIAN BUZZ



Monthly Newsletter



Merry

AND
HAPPY NEW YEAR

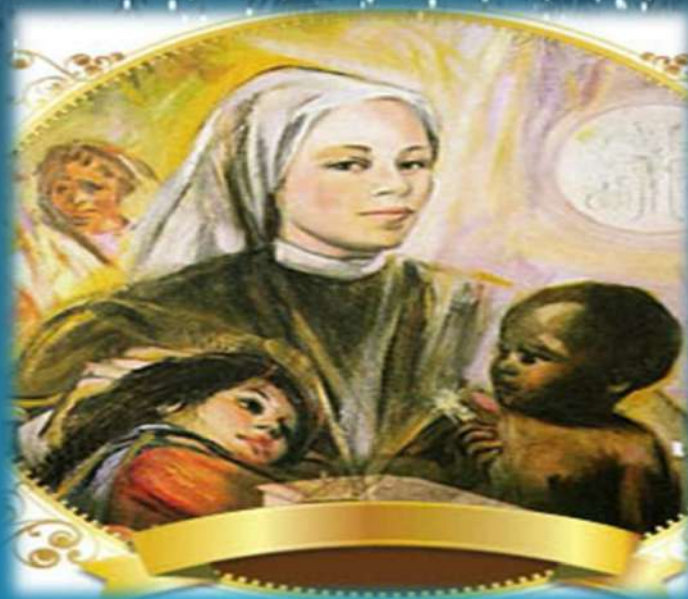
Christmas





December

Wintry mornings wrapped in white,
Evenings, calm and still,
Snowflakes dancing all around,
Sled rides down a hill,
Gatherings with loved ones -
Such a pleasure to remember -
all memories and special gifts
That come with each
December.



**“See always the
face of God in the
poor and to Him give
alms.”**

MOTHER SERAPHINA

ZONAL LEVEL BAND COMPETITION



The Zonal Level Band Competition 2024, organized by the Samagra Shiksha Education Department, was inaugurated on December 6, 2024, at St. Joseph College, Ruchikhand, Lucknow. The event witnessed vibrant participation from schools across the North Indian states, showcasing their musical talent and discipline. The competition was conducted in two categories; Brass Band and Pipe Band, providing a platform for young musicians to display their skills and creativity.



Well Done



True Observing India

English Daily Youth E- Newspaper
 LUCKNOW, 07 DECEMBER, 2024
ST. JOSEPH'S COLLEGE HOSTS A GRAND ZONAL BAND COMPETITION 2024, SHOWCASING MUSICAL EXCELLENCE



In the girls' category brass band competition, St. Joseph's College, Lucknow secured the second position, and Sacred Heart Senior Secondary School, Chandigarh secured the third position.

In the girls' category pipe band competition, St. Therese's Girls' School, Chhatrapati, Uttar Pradesh secured the first position, Vaidya Devi Model School, Haridwar secured the second position, and Army Public School, Patna secured the third position.

The Zonal Level Band Competition 2024 was inaugurated grandly on December 6 at 9:00 am at St. Joseph College. The event was inaugurated by lighting the ceremonial lamp by the Chief Guest, Swamiji Das Singh, Jai Shakti Mission, Government of Uttar Pradesh.

At the inaugural ceremony, National Band Conductors, Shakti Kumar, Deputy SFO of Uttar Pradesh, Aji Bhanuvar, Additional Director of Secondary Education, Sonbhadra District, Joint Director of Samagra Shiksha, Sonbhadra District, Joint Director of South West District, Lucknow, Pradeep Kumar Singh, District Inspector of Schools, Bahadur Nagar, Second Deputy Inspector of Schools, Karanendra Singh Baghel, Assistant IEO, Bahadur Nagar, Sonbhadra District, along with the Managing Director of St. Joseph College, and other department officials and teachers graced the occasion with their presence.

Approximately 900 students from nearly all the northern states participating in the zonal level band competition, including about 634 boys, 247 girls, and approximately 50 adults. The competition was organized in two categories: pipe band and brass band. The participants in the pipe band category had from Chhatrapati (Uttar Pradesh), Patna (Bihar), Meer (Uttar Pradesh), and Patna (Patna), who were in the brass band category came from Chandigarh, East Ghazal (Punjab), Banka (Bihar), Dibrugarh (Assam), Haridwar (Uttarakhand), Lucknow (Uttar Pradesh), and Delhi.

The panel of judges included Major S. B. Bhanu, Subedar Major S. Raju, Havildar S. Harna, and Regional Youth Welfare and PED (Brass Band) in-charge, Akhilesh Singh Chandra.



Our school secured the third position in this prestigious competition. This achievement is a testament to the hard work and dedication of our band members and their mentors.



Our school basketball team have won ACG Jr NBA Regional trophy U-14 (Punjab, Himachal Pradesh, J&K, Leh-Ladakh and Chandigarh) held at Ludhiana . They also qualified for Nationals. The team comprised of

- ❖ Jiya Sodhi - 7 Quartz
- ❖ Smaya Sodhi - 7 Jade
- ❖ Japasleen Kaur- 7 Jade
- ❖ Callista Sharma- 7 Quartz

NETBALL



▶ The Tribune Trust organized the 6th Sports Festival in the Tribune School, Sec 29 D Chandigarh from 19th to 20th December, 2024. Our school netball team secured 2nd position. **Samaira Sahni** of 8 Flamingo was adjudged the best defender of the tournament.

Team members are

- ❖ Rhythm and Manya Anand 9A
- ❖ Atashi Bhargava 9D
- ❖ Navya and Gayatri 8 Hornbill
- ❖ Samaira Sahni 8 Flamingo
- ❖ Krisha Sharda 8 Dove
- ❖ Callista Sharma, Stephanie Sharma and Prabhnoor Kaur Viridi 7 Quartz
- ❖ Mayra 7Garnet
- ❖ Naisha Kaushal 6 Curie

BLOOD DONATION



सेक्रेड हार्ट सीनियर सैकेंडरी स्कूल, 26 चंडीगढ़ में हुआ 115 यूनिट्स रक्त एकत्रित

चंडीगढ़, 14 दिसम्बर (राम सिंह बराड़): एक चुटकी तौन जिंदगियां बचा सकती हैं, एक इशारा लाखों मुस्कुराहट पैदा कर सकता है। रक्तदान न सिर्फ एक नेक काम है, बल्कि स्वास्थ्य के लिए भी अच्चा है। इसी भावना के साथ सेक्रेड हार्ट के माता-पिता और संकाय ने इस मानवीय ऋण के लिए स्वेच्छ से रक्तदान किया।

वेनिता जोसेफ, सिस्टर अलविना, सिस्टर अनुषा, समन्वयक सीनियर विंग सपना मैत्री, समन्वयक जूनियर विंग कृतिष्का सुद, विश्वास फाउंडेशन सिस्टर वेनीटा ने उन्हें कृतज्ञता के प्रतीक के साथ सम्मानित किया और इस नेक कार्य के लिए सभी स्वयंसेवकों को बधाई दी और शिबिर को सफल बनाने के लिए सभी के प्रयासों की सराहना भी की। उन्होंने स्कूल के एनएसएस स्वयंसेवकों के योगदान के लिए उनका आभार भी व्यक्त किया। नेक काम के महत्व को समझते हुए, माता-पिता और उनके परिचित इस मिशन में स्कूल का समर्थन करने के लिए आगे आए और 115 यूनिट से अधिक रक्तदान किया। सेक्रेड हार्ट हमेशा सामाजिक कार्यों में योगदान देने में सबसे आगे रह है, और स्कूल का लोकप्रिय न केवल एकजुटता की भावना पैदा करता है बल्कि दूसरों को निम्नार्थ कार्यों में भाग लेने के लिए भी प्रेरित करता है। स्कूल हमेशा ऐसी परीपेक्षारी गतिविधियों के लिए प्रतिबद्ध है जो मानवता में विश्वास को फिर से जगाती है।



शिबिर के दौरान रक्तदान करते हुए (छाया : कमलजीत सिंह)

की अध्यक्ष साखी नीलिमा विश्वास, डॉ. संगीता, डॉ. अनिता पीजीआई ब्लड ट्रान्सफ्यूजन विभाग और माता-पिता संस्था के प्रतिनिधि द्वारा पारंपरिक दीप प्रज्वलन किया गया। यह पहल पीजीआई के चिकित्सा अधिकारी डॉ. संगीता और विश्वास फाउंडेशन की अध्यक्ष साखी नीलिमा विश्वास को देखरेख में आयोजित की गई। देखरेख



Sacred Heart School in collaboration with the Blood Transfusion Department from P.G.I Chandigarh sponsored by Vishwas Foundation organised a Blood Donation Camp in the school premises on 14th December, 2024. This initiative was conducted under the supervision of medical officer from P.G.I, Dr Sangeeta and Sadhvi Neelima Vishwas from Vishwas foundation

Rev. Sr Venita honoured them with tokens of gratitude and congratulated all the volunteers for this noble act and was also appreciative of the efforts put in by everyone to make the camp a success. She also expressed her gratitude to the school NSS volunteers for their contribution. Realising the importance of the noble cause, parents and their acquaintances came forward to support the school in this mission and donated more than 103 units of blood. Sacred Heart has always been at the forefront for contributing to the social causes, and the ethos of the school not only instils the feeling of togetherness but also motivates others to participate in selfless acts. The school is forever committed to such philanthropic activities which rekindle faith in humanity.





YUVSATTA

YOUTH FOR PEACE



Sacred Heart is committed to altruistic acts for welfare and well being of others. Our students collected new woollens and books for our fellow citizens of Kashmir. It was a joint initiative of Yuvsatta (youth for peace)-NGO, Peace Clubs of over 20 prominent local Schools, KBDVAV Sr. Sec. Public School, Indian Army & CREST (Chandigarh Renewable Energy and Science & Technology Promotion Society). An Army truck carrying gifts of 3516 new woollens and books for children in Kashmir was flagged-off by Mayor Mr. Anup Gupta, Municipal Corporation, Chandigarh on 12th December, 2024. Such initiatives of bringing armed forces and students closer will certainly strengthen the fibre of strong and united India, especially respect for the motherland.

Community OUTREACH



First-Year's NCC cadets of Sacred Heart School visited Vatika School for a community outreach program. The cadets distributed essential items such as woollens, groceries items to support the school. The event aimed to promote compassion and social responsibility among the cadets. During the visit, the girls also had an opportunity to learn basic sign language, fostering inclusivity and communication skills. This activity was an enriching experience for both the cadets and the school community.





VISIT TO THE INSTITUTE FOR BLIND

Few students of Social club & Girls Guide of Sacred Heart School visited Institute for Blind for a community outreach program. The students distributed essential items such as soap, cream toothpaste and tooth brush. The event aimed to promote compassion and social responsibility among the students. During the visit, the girls also had an opportunity to interact with them and learn about braille. This activity was an enriching experience for both the students and the school community.





On 11th Dec, 2024 Primary Social Service Club went to NGO Guru Asra Trust Mohali (orphanage for girls) and distributed kits made by them. The event aimed to promote compassion and social responsibility among the students. During the visit, the girls also had an opportunity to interact with them.





The NSS camp concluded with inspiring speeches, vibrant performances, and heartfelt gratitude for our mentors. A true celebration of strength, talent, and unity! 💪 ✨ #NSS #WomenEmpowerment #Sankalp



Sacred Heart Sr. Secondary School, Sector-26, Chandigarh



NSS Volunteers of Special Camp 2023-25



#Metaverse #VirtualReality #Revolution
Sacred Heart is revolutionizing education by adopting the latest techniques. Pupils enjoyed immersive learning experience with metaverse 360 VR demos





Zaibjot Kaur of Class 1 Emerald participated in U-8 Long Jump track event on 20th and 21st Dec 2024 during the 19 District Athletics Championship held at S.A.S Nagar Mohali. She secured 1st position by jumping 2.22 meters and won the gold medal.:



Mahira Sharma of Class 2 Aster participated in North Zone IGU Sub-Junior/Junior Feeder Tour 2024 (Super League Finale 2) organised by The Indian Golf Union and ACE Golf from 24th to 26th December, 2024 at RCF, Kapurthala. She secured 1st position and was awarded with a trophy and a certificate.



SPORTS

ACHIEVEMENTS



Drishiti of Class 2 Amethyst took part in National level abacus competition organized by Champions World and secured the third position. She was awarded with a trophy and a certificate.



Drishiti Chugh of Class IV Zeus participated in Abacus International & National Competition organized by UCMAS. She bagged 3rd prize. 🏆.



Araya Vasudev of Class UKG Blueberry bagged a bronze medal in the Skating Carnival held at Aravali International School, Panchkula.





Yuvika Tater of Class II Aspen took part in Panchkula Heroes, 2024 Talent Hunt competition . She secured third position (Category - Dance) held at The Skyworld School, Panchkula . She was awarded with a certificate and a medal.



Atashi Bhargava of class IX-D participated in Chandigarh North District Championship 2024-25 on 21st Dec, 2024 at Sports Complex Sector 7-B Chandigarh organized by Chandigarh Athletic Association. She bagged silver medal in shotput event.

Lavanya Arya of Class II Amber participated in the 6th Sports Meet 2024 held at GMADA Sports Complex, Sector 65, Phase 11. She bagged the second prize in the Roller Skating Competition.



Aavya of Class II ASPEN took part in Taekwondo Championship, held at Sector 56 Chandigarh, Government Sports Complex on 24th November, 2024 . She bagged gold medal 🏆 in Fight & silver medal 🥈 in Board Breaking.

Rabnoor Kaur. of Class II Aspen participated in State Taekwondo Championship held on 24th Nov, 2024 at Sports complex, Chandigarh sector 56. She bagged a silver medal in Board Breaking & bronze medal in Fighting.



Sehlot Kaur of Class II ASPEN took part in Taekwondo championship 2024 on 24th Nov, 2024 at Sector 56, Govt. Sports Complex, Chandigarh. She bagged a silver medal and a bronze medal.



Vanya Sajwan of Class II Aspen participated in 4th Tri City Sub-Junior Rhythmic Gymnastics Championship 2024. She bagged gold medal in Ball event and in Free Hand event.



Ribhya of Class II ASPEN participated in 3rd Inter Club Skating Championships 2024 held on 24th Nov, 2024 at Shishu Niketan Public School Sect 66, Mohali. She bagged silver medal in 3 Laps and bronze medals in 5 Laps.





A vibrant Hindi Rhyme Recitation Competition was hosted for Nursery, where the young learners confidently recited rhymes on themes like nature, animals, and good habits. Their expressive performances, creative props, and enthusiasm highlighted their dedication, fostering confidence and language skills in a fun, engaging manner.





Free Hand Drawing & Colouring



Draw and colour

Students of UKG participated in free hand drawing and colouring competition showcasing their artistic skills. The competition was conducted to encourage creativity and self expression. To recognise and encourage their efforts, prizes were awarded to the winners.





Students of class I took part in a Mask Making Activity on 13th Dec, 2024. This helped children to learn more about animals and enhance their creative skills.



VEER BAL DIWAS 2024

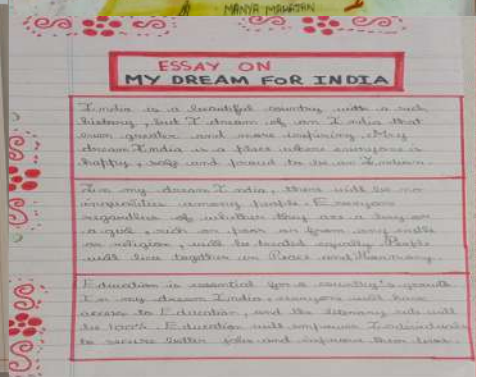
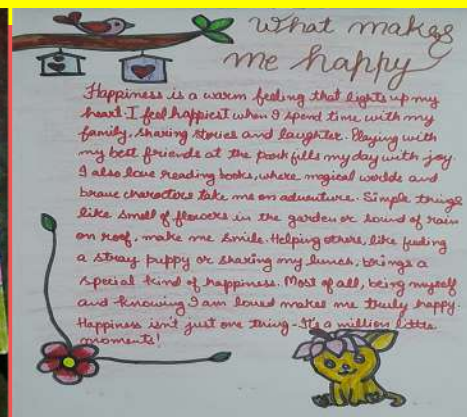


On 26th December, 2024 our students commemorated Veer Bal Diwas with enthusiasm and creativity. This special day honors the bravery and sacrifice of the Chote Sahibzadas of Guru Gobind Singh ji. Our students participated in various activities for a week, showcasing their artistic and writing skills:

- Classes 1 and 3 created vibrant drawings and coloring sheets on "What makes me happy."
- Class 2 designed inspiring drawings and coloring sheets on "My dream for India."
- Class 4 penned thoughtful essays on "My dream for India."
- Class 5 wrote heartfelt essays on "What makes me happy."

Celebrating Courage and Sacrifice

Through these activities, our students reflected on the values of bravery, loyalty, and devotion embodied by the Chote Sahibzadas. We're proud of our young learners for embracing the spirit of Veer Bal Diwas!



CHRISTMAS CAROLS



Sacred Heart immersed in the spirit of Christmas celebrations .An 'Inter House Carol Singing Competition' and a 'Musical Ballet' were lined up for the celebration. Christmas is celebrated in many ways and the carol singing holds paramount importance as these melodious and tuneful songs are sung to celebrate the birth of Jesus Christ and spread the magic of Christmas. The students presented an array of interesting and engrossing performances that echoed the spirit of Christmas. The Heartians sang a variety of Christmas Carols spreading the message of faith, happiness and peace.





MERRY Christmas

Our school was filled with joy, cheer, and the spirit of giving as we celebrated Christmas with our students!

A Morning of Merriment

The festivities began with a beautiful hymn, followed by a heartfelt prayer. Our students then participated in an Inter-House Carol Singing Competition, showcasing their vocal talents and festive enthusiasm.

The Nativity Story Comes Alive

The highlight of the morning was the Nativity Play, presented by our talented students. They beautifully depicted the birth of Jesus Christ, conveying the message of love, kindness, and compassion.

A Special Visit from Santa Claus

The excitement reached its peak when Santa Claus arrived, bearing sweets for students. It was a moment of pure delight, filled with laughter and cheer.

A Time for Reflection

The program concluded with a thoughtful speech, reminding us of the true spirit of Christmas: kindness, generosity, and love for one another.

Wishing you all a joyous Christmas and a Happy New Year!



MERRY Christmas

Merry Christmas



This December, our nursery was filled with the magic and joy of Christmas! From decorating the Christmas tree with handmade ornaments to singing carols with their friends, every moment was filled with excitement. A highlight of the celebration was the visit from Santa Claus himself, who brought gifts and lots of laughter to the nursery.



MERRY Christmas



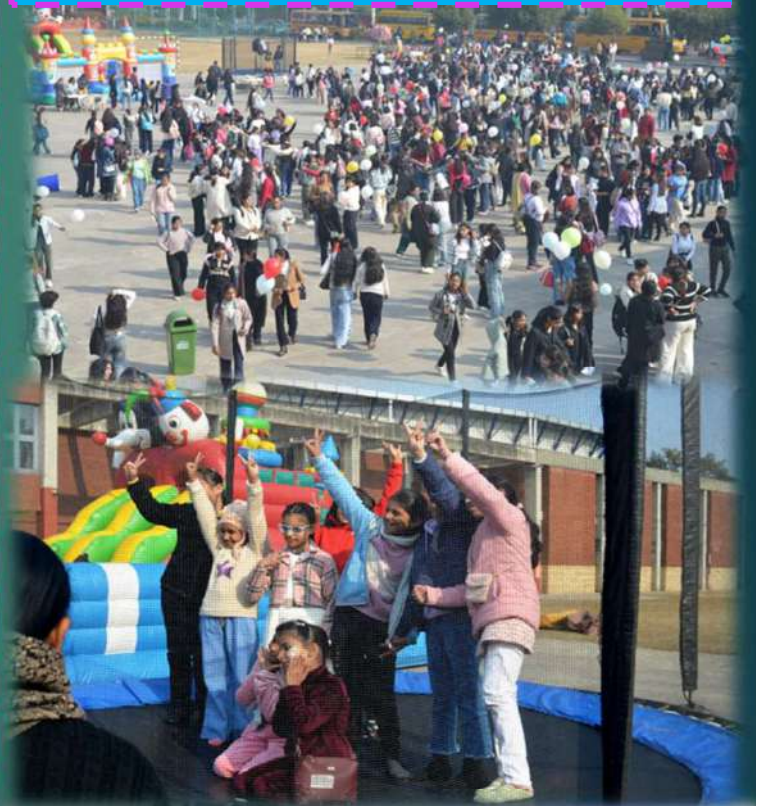
The little Heartians of Pre-primary celebrated Christmas with enthusiasm and fervor as they decorated the Christmas tree. The festivities continued with a puppet show and the cheers of the children filled the air with joy and happiness.

FETE



The fete is one of the most anticipated time of the whole academic year. The SHS annual fete kicked off with fine weather and a blasting start. Principal Rev. Sr Venita Joseph, Manager Rev. Sr Anupa, inaugurated the fete. It was a two day event.

There was a little bit of everything, from fun games to mouth watering snacks to the DJ. The tattoo corner was a hit among the girls. Despite the weather the rush at the Ice cream corner was unbeatable. Girls danced their hearts out at the DJ corner, matching their footsteps to the beats of their favourite songs. The little ones enjoyed more on the bouncy house, ricocheting up and down. Dressed in casuals, balloons in the air and cotton candy in their hands, the girls enjoyed very much with their peers.. It was truly a perfect goodbye to a wonderful year.



Prayer Service & Christmas Celebrations



“Prayer is a form of communion with God.” A soul stirring Christmas prayer service was held in the school auditorium, with a heartwarming invocation, bringing together the school community in a spirit of unity and reflection. Rev. Sr Venita Joseph led the staff members into an introspective mode through a guided meditation. Hymns resonated, creating a serene ambiance that encapsulated the essence of Christmas followed by cake cutting ceremony. To continue with the celebration, teachers were treated with joyful games, enhancing the festive atmosphere..

Let
your
Light
shine

Let your
light shine so
brightly that others
can see their way
out of the dark.